

**Timeline Integrative Psychiatry, LLC**  
**Margarita Holsten, M.D.**

**Authorization to Use or Disclose My Health Information**

Patient name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

**I. My Authorization**

**You may use or disclose the following health care information (check all that apply):**

- All my health information maintained by the above-named practice  
 My health information relating to the following treatment or condition: \_\_\_\_\_  
 My health information for the date(s): \_\_\_\_\_

**I specifically authorize disclosure of the following conditions (check all that apply):**

- Drug abuse  Alcohol abuse  HIV/AIDS  psychological or psychiatric conditions  psychotherapy notes

**You may disclose this health information to:**

Name (or title) and organization \_\_\_\_\_  
Phone number \_\_\_\_\_ Fax \_\_\_\_\_  
Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Reason(s) for this authorization (check all that apply):**

- This authorization ends\*:**  On (date): \_\_\_\_\_  
 End of treatment  
 Other: \_\_\_\_\_

\*If no end date is provided, this authorization will expire one year from the date of signing\*

**II. My Rights**

I understand I do not have to sign this authorization in order to get health care benefits (treatment, payment, enrollment or eligibility for benefits). However, I do have to sign an authorization form:

- To receive health care when the purpose is to create health information for a third party.

I may revoke this authorization in writing. If I revoke this authorization, it would not affect any actions already taken by the above-named practice based upon this authorization. I may not be able to revoke this authorization if its purpose was to obtain insurance. A way to revoke this authorization is:

- Write a letter to the office.

Once the office discloses health information, the person or organization that receives it may be able to redisclose it. Privacy laws may no longer protect it.

\_\_\_\_\_  
Patient or legally authorized individual signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Time

\_\_\_\_\_  
Printed Name if signed on behalf of the patient

\_\_\_\_\_  
Relationship (parent, legal guardian, personal representative, etc.)